

1st Annual Murrays Mill Cross Country Invitational

When: Oct 2nd 2010

Where: Murrays Mill Rd, Catawba, NC 28609

Who to Contact: Coach John Sullivan Bunker Hill High school email john_sullivan@catawbасchools.net

Meet is open to all high schools and middle schools in North Carolina. High School race is Standard 5k, Middle School race will be 2.4K.

PRICE UPDATE **Entry Fee:** High School \$10 an individual \$20 a team per gender or \$40 for school.
Middle School \$5 an individual \$20 a team per gender or \$35 for school.

Make Checks Payable to Bunker Hill High School due by Sept. 28th 2010

Mail Checks to: Bunker Hill High School, 4675 Oxford School Rd, Claremont, NC 28610

Entry Deadline: Sept. 28th at midnight. Entries will be taken through the Milesplit Network. Look for the meet on the NCRunners.com Calendar page and click online entry.

Meet Schedule:

8-10 AM- Packet Pick Up

9:20AM- Coaches Meeting

10:00AM- Boys Middle School Race

10:20AM- Girls Middle School race

10:45AM- Boys Championship/Varsity Race (Top 7 Runners)

11:15AM- Girls Championship /Varsity Race(Top 7 Runners)

11:50AM- Boys Open Race

12:15PM- Girls Open Race

Awards: Top 2 teams in Varsity Races and Middle School Races. Medals awarded to Top 10 in Varsity and Middle School Races. Top 5 in Open races.