

**2010 NCHSAA INDOOR - REVISED**  
**1A-2A-3A TRACK & FIELD**  
**STATE CHAMPIONSHIP MEET SCHEDULE**

9:00 Facility opens for Coaches and athletes  
 9:00 Packets available for Coaches  
 9:15 Facility opens for spectators  
 9:15 Meeting for Officials  
 9:30 Meeting for Coaches  
 9:15 Vaulters (Ladies) Verify Poles – At the Site of the Pole Vault. Men will verify their poles prior to Competition when they check in

**10:00 FIELD EVENTS BEGIN**

Women’s high jump followed by Men’s high jump  
 Women’s pole vault followed by Men’s pole vault  
 Women’s long jump followed by Women’s triple jump  
 Men’s long jump followed by Men’s triple jump  
 Men’s shot put followed by Women’s shot put

**10:00 RUNNING EVENT FINALS:**

55 meter high hurdles-----Women’s Semi-Finals  
 55 meter high hurdles-----Men’s Semi-Finals  
 55 meter dash-----Women’s Semi-Finals  
 55 meter dash-----Men’s Semi-Finals  
 3200 meter relay-----Women  
 3200 meter relay-----Men  
 55 meter high hurdles-----Women’s finals  
 55 meter high hurdles-----Men’s finals  
 55 meter dash-----Women’s finals  
 55 meter dash-----Men’s finals  
 1600 meter run-----Women  
 1600 meter run-----Men  
 500 meter run-----Women  
 500 meter run-----Men  
 1000 meter run-----Women  
 1000 meter run-----Men  
 300 meter dash-----Women  
 300 meter dash-----Men  
 3200 meter run-----Women  
 3200 meter run-----Men  
 1600 meter relay-----Women  
 1600 meter relay-----Men