

2011 NCHSAA WINTER TRACK & FIELD STATE CHAMPIONSHIP "SUPER MEET" SCHEDULE

Reid Ross Sports Complex, Fayetteville, NC

- 8:00 Facility opens for Coaches and athletes
- 8:00 Packets available for Coaches
- 8:00 Facility opens for spectators
- 8:15 Meeting for Officials
- 8:30 Meeting for Coaches

8:30-9:00 **WOMEN** Vaulters Verify Poles and Weigh In– At the Site of the Pole Vault

11:00-11:30 **MEN** Vaulters Verify Poles and Weigh In– At the Site of the Pole Vault

FIELD EVENTS: (SP, LJ & TJ: 4 ATTEMPTS - NO FINALS)

- 10:00 Women's pole vault (ALL CLASSES) **FOLLOWED BY MEN**
Men's pole vault (ALL CLASSES) will begin one (1) hour after the conclusion of the women's pole vault
- 10:00 1A/2A/3A Women's high jump followed by 4A Women's high jump **FOLLOWED BY**
1A/2A/3A Men's high jump followed by 4A Men's high jump -
- 10:00 4A Women's long jump followed by 4A Women's triple jump **FOLLOWED BY**
1A/2A/3A Women's long jump followed by 1A/2A/3A Women's triple jump
- 10:00 4A Men's long jump followed by 4A Men's triple jump **FOLLOWED BY**
1A/2A/3A Men's long jump followed by 1A/2A/3A Men's triple jump
- 10:00 1A/2A/3A Women's shot put followed by 4A Women's shot put
- 10:00 1A/2A/3A Men's shot put followed by 4A Men's shot put

RUNNING EVENT FINALS - Rolling Time Schedule

(1A/2A/3A will compete first, immediately followed by 4A in each event)

- 10:00 **3200 Meter Relay** 1A/2A/3A Women followed by 4A Women
3200 Meter Relay 1A/2A/3A Men followed by 4A Men
- 55 Meter Hurdles 1A/2A/3A Men's Semi-Finals followed by 4A Men
- 55 Meter Hurdles** 1A/2A/3A Women's Semi-Finals followed by 4A Women
- 55 Meter Dash** 1A/2A/3A Women's Semi-Finals followed by 4A Women
- 55 Meter Dash 1A/2A/3A Men's Semi-Finals followed by 4A Men
- 55 Meter Hurdles** 1A/2A/3A Women's Finals followed by 4A Women
- 55 Meter Hurdles 1A/2A/3A Men's Finals followed by 4A Men
- 55 Meter Dash** 1A/2A/3A Women's Finals followed by 4A Women
- 55 Meter Dash 1A/2A/3A Men's Finals followed by 4A Men
- 1600 Meter Run** 1A/2A/3A Women's Finals followed by 4A Women
- 1600 Meter Run 1A/2A/3A Men's Finals followed by 4A Men
- 500 Meter Run** 1A/2A/3A Women's Finals followed by 4A Women
- 500 Meter Run 1A/2A/3A Men's Finals followed by 4A Men
- 1000 Meter Run** 1A/2A/3A Women's Finals followed by 4A Women
- 1000 Meter Run 1A/2A/3A Men's Finals followed by 4A Men
- 300 Meter Dash** 1A/2A/3A Women's Finals followed by 4A Women
- 300 Meter Dash 1A/2A/3A Men's Finals followed by 4A Men
- 3200 Meter Run** 1A/2A/3A Women's Finals followed by 4A Women
- 3200 Meter Run 1A/2A/3A Men's Finals followed by 4A Men
- 1600 Meter Relay** 1A/2A/3A Women's Finals followed by 4A Women
- 1600 Meter Relay 1A/2A/3A Men's Finals followed by 4A Men