

Mid-State 3A Track and Field - 5/4/2010 to 5/5/2010
Conference Championships
Northern Guilford High School, Greensboro, NC
Results

Women 100 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
Finals						
1 Emily Watkins		Northern Gui	13.08	12.62	2	10
2 Noell Cunningham		Williams	13.44	12.86	1	8
3 Shenika Scales		Morehead	12.10	12.89	2	6
4 Krystal White		Eastern Alam	12.94	12.91	2	4
5 Karima Jackson		Eastern Guil	13.24	12.99	2	2
6 Chanel Stewart		Eastern Guil	13.28	13.22	2	1
7 Ronica Patterson		Eastern Alam	13.84	13.43	1	
8 Chandrika Young		Williams	13.44	13.53	2	
9 Rayna Turner		Western Alam	13.56	13.58	1	
10 Shanica Johnson		Williams	12.90	13.69	2	
11 ashley scales		Morehead	13.20	14.03	2	
12 Ny'Asia Bryant		Western Alam	14.68	14.30	1	
13 brittany fox		Northern Gui	13.94	14.43	1	

Women 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Anna Smith		Northern Gui	26.84	25.83	2	10
2 Shanae Fryer		Williams	26.90	27.06	2	8
3 Shenika Scales		Morehead	26.20	27.37	2	6
4 Emily Watkins		Northern Gui	27.50	27.79	2	4
5 Casey Hembrick		Eastern Alam	28.14	27.82	2	2
6 Noell Cunningham		Williams	27.24	28.03	2	1
7 Jazmyn Alston		Eastern Alam	29.04	28.13	1	
8 Rayna Turner		Western Alam	28.20	29.04	1	
9 Chandrika Young		Williams	27.24	29.21	2	
10 Haley Guye		Western Alam	30.06	29.72	1	
11 Shaniqua Michaux		McMichael	30.74	29.82	1	
12 Claire Tamayo		Eastern Alam		30.34	1	
13 Keyona Yarborough		Western Alam	31.03	30.37	1	
14 brittany fox		Northern Gui		30.88	1	
15 ashley scales		Morehead	27.50	33.38	2	

Women 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Krystal White		Eastern Alam	59.24	59.47	2	10
2 Abigail Bost		Williams	59.90	1:00.26	2	8
3 Allison Ester		Williams	1:02.43	1:01.18	2	6
4 Whitney Barker		Rockingham C	1:00.34	1:01.40	2	4
5 Regine Harris		McMichael	1:04.24	1:03.87	2	2
6 Kyleeka Gonzalez		Western Alam	1:02.30	1:04.04	2	1
7 Lindsay Klopp		Northern Gui	1:06.13	1:05.47	2	
8 ray-ray ferrell		Morehead	1:09.10	1:11.63	1	
9 Morgan Dunn		Williams	1:08.64	1:12.38	2	
10 Alex Foxworth		Northern Gui	1:09.25	1:13.12	1	
11 Rachel Dahlheimer		Northern Gui	1:11.24	1:13.68	1	
12 lindsay crumpler		Morehead	1:24.00	1:22.08	1	

Women 800 Meter Run

Name	Year School	Seed	Finals	Points
1 Allison Ester	Williams	2:24.24	2:22.62	10
2 Jasmin Sutton	Rockingham C	2:31.24	2:31.51	8
3 Erin McGuirk	Northern Gui	2:36.24	2:35.38	6
4 Abigail Bost	Williams	2:36.44	2:35.46	4
5 Haley Hawkins	Northern Gui	2:37.00	2:36.99	2
6 Kyleeka Gonzalez	Western Alam	2:36.00	2:44.40	1
7 Morgan Dunn	Williams	2:42.24	2:44.54	
8 Veronica Farrell	Northern Gui	2:56.82	2:47.72	
9 fortune jones	Morehead	3:01.25	2:48.92	
10 Eliza Kohrman	Eastern Alam	2:56.24	2:56.26	
11 madeline duque	Morehead	4:00.00	3:31.57	
12 elaina philpott	Morehead	4:53.25	3:38.95	

Women 1600 Meter Run

Name	Year School	Seed	Finals	Points
1 Erin McGuirk	Northern Gui	5:25.24	5:31.10	10
2 Carylynn Willis	Williams	5:36.70	5:43.84	8
3 Haley Hawkins	Northern Gui	5:42.24	5:44.58	6
4 Eliza Kohrman	Eastern Alam	6:03.24	6:10.72	4
5 Kacie Anderson	Western Alam	6:05.00	6:12.11	2
6 Kacy Porter	Rockingham C	6:21.24	6:25.49	1
7 Kristen Baucom	McMichael	6:23.24	6:27.84	
8 fortune jones	Morehead	6:40.00	6:34.64	
9 Lindsey Orlovski	Northern Gui	6:13.66	6:37.60	
10 Lara Alghaben	Williams	6:47.24	6:50.00	
11 Lesley Reyes	Eastern Guil	6:50.24	6:50.87	
12 Caroline Frye	McMichael	7:14.24	7:07.41	
13 Brianna Teapole	Williams	6:53.24	7:13.94	
14 Kestin Thomas	Eastern Alam	7:26.24	7:35.46	
15 madeline duque	Morehead	7:00.00	7:47.30	
16 elaina philpott	Morehead	7:50.25	8:13.42	

Women 3200 Meter Run

Name	Year School	Seed	Finals	Points
1 Erin McGuirk	Northern Gui	11:41.24	11:44.84	10
2 Haley Hawkins	Northern Gui	13:05.67	12:48.54	8
3 Carylynn Willis	Williams	12:42.24	13:08.24	6
4 Kacie Anderson	Western Alam	13:00.00	13:29.24	4
5 Eliza Kohrman	Eastern Alam	13:40.24	13:45.50	2
6 Lindsey Orlovski	Northern Gui	13:04.03	14:06.24	1
7 Kacy Porter	Rockingham C	14:30.24	14:11.94	
8 Lara Alghaben	Williams	14:38.24	14:44.84	
9 Lesley Reyes	Eastern Guil	13:00.24	14:50.24	
10 Daisy Kaur	Eastern Alam	15:10.24	15:13.84	
11 fortune jones	Morehead	15:00.00	15:33.04	
12 Brianna Teapole	Williams	15:23.24	15:43.64	
13 Hilarie Halsch	Eastern Guil	14:00.24	16:54.54	

Women 100 Meter Hurdles

Name	Year School	Seed	Prelims	H#
------	-------------	------	---------	----

=====

Preliminaries

1	Anna Smith	Northern Gui	15.74	15.80Q	2
2	Jeni Strickland	Western Alam	17.00	16.98Q	1
3	Kelly Dahlheimer	Northern Gui	16.78	17.10Q	1
4	Ginika Nwoko	Williams	20.44	18.24Q	2
5	ashley scales	Morehead	17.30	18.31q	2
6	Ronica Patterson	Eastern Alam	19.94	18.80q	2
7	Princess Stone	Williams	19.64	19.77q	1
8	Shaniqua Michaux	McMichael	20.74	20.16q	1
9	Titi Adeniyi	Eastern Guil	18.04	20.23	2
10	Kare'l Webb	Williams	20.64	20.35	1
11	Chelsey Mosley	McMichael	22.94	23.25	2

Women 100 Meter Hurdles

=====

Name	Year	School	Prelims	Finals	Points
------	------	--------	---------	--------	--------

=====

Finals

1	Anna Smith	Northern Gui	15.80	16.14	10
2	Kelly Dahlheimer	Northern Gui	17.10	17.44	8
3	Jeni Strickland	Western Alam	16.98	17.46	6
4	ashley scales	Morehead	18.31	18.47	4
5	Ronica Patterson	Eastern Alam	18.80	19.12	2
6	Princess Stone	Williams	19.77	20.17	1
7	Shaniqua Michaux	McMichael	20.16	20.54	
--	Ginika Nwoko	Williams	18.24	DQ	

Women 300 Meter Hurdles

=====

Name	Year	School	Seed	Finals	H#	Points
------	------	--------	------	--------	----	--------

=====

1	Anna Smith	Northern Gui	45.57	46.86	2	10
2	Ginika Nwoko	Williams	50.04	49.31	2	8
3	Rebecca Everett	Rockingham C	52.94	51.08	2	6
4	Rachel Everett	Rockingham C	54.44	51.80	2	4
5	Kelly Dahlheimer	Northern Gui	52.40	52.04	2	2
6	Ronica Patterson	Eastern Alam	56.64	53.73	1	1
7	Quanay Kollore	Eastern Alam	55.74	53.80	2	
8	Megan Wilburn	Rockingham C	54.74	54.11	2	
9	Rachel Bost	Williams	52.82	54.85	2	
10	MaryKate Payne	Williams	1:01.24	1:02.64	1	
11	Chelsey Mosley	McMichael	1:07.24	1:08.07	1	
12	Caroline Frye	McMichael	1:06.24	1:08.25	1	

Women 4x100 Meter Relay

=====

School	Seed	Finals	Points
--------	------	--------	--------

=====

1	Williams	53.13	52.58	10
2	Eastern Guilford	54.24	52.60	8
3	Northern Guilford	49.91	53.11	6
4	Eastern Alamance	54.40	53.24	4
5	Western Alamance	57.80	57.00	2

Women 4x200 Meter Relay

=====

School	Seed	Finals	Points
--------	------	--------	--------

=====

1	Williams	1:49.84	1:48.83	10
---	----------	---------	---------	----

2 Eastern Alamance	1:52.50	1:54.58	8
-- Northern Guilford	1:52.24	DQ	
-- Western Alamance	1:59.00	DQ	

Women 4x400 Meter Relay

School	Seed	Finals	Points
1 Rockingham County	4:27.34	4:19.20	10
2 Williams	4:20.24	4:20.73	8
3 Eastern Alamance	4:29.70	4:25.12	6
4 Western Alamance	4:30.00	4:43.28	4
5 Northern Guilford	4:50.00	4:48.31	2

Women 4x800 Meter Relay

School	Seed	Finals	Points
1 Williams	10:12.24	10:18.74	10
2 Northern Guilford	10:49.91	10:48.34	8
3 Rockingham County	11:20.24	10:55.74	6
4 Western Alamance	11:30.00	11:38.94	4

Women High Jump

Name	Year School	Seed	Finals	Points
1 Shenika Scales	Morehead	5-02.00	5-02.00	10
2 Krystal White	Eastern Alam	5-01.00	5-00.00	8
3 Karima Jackson	Eastern Guil	4-10.00	4-10.00	6
4 Sylvia Foster	Williams	4-08.00	4-08.00	4
5 Miranda Jenkins	Eastern Guil	4-10.00	J4-08.00	2
6 Elizabeth Ambler	Northern Gui	4-08.00	J4-08.00	0.50
6 ray-ray ferrell	Morehead	4-08.25	J4-08.00	0.50
7 Jeni Strickland	Western Alam	4-06.00	J4-08.00	
9 Rebecca Everett	Rockingham C	4-04.00	4-06.00	
9 Whitney Barker	Rockingham C	4-04.00	4-06.00	
9 Brandy Sanefford	Northern Gui	4-02.00	4-06.00	
9 Victoria Cummings	Western Alam	4-06.00	4-06.00	
13 Tia Woods	Williams	4-02.00	4-04.00	
14 Kare'l Webb	Williams	4-02.00	4-02.00	

Women Pole Vault

Name	Year School	Seed	Finals	Points
1 Elizabeth Ambler	Northern Gui	10-03.00	9-00.00	10
2 Kelly Dahlheimer	Northern Gui	9-06.00	8-06.00	8
3 Kayla Watkins	Eastern Alam	7-06.00	7-06.00	6
4 Jessica Brown	Williams	6-06.00	6-06.00	4
5 Regine Harris	McMichael	6-06.00	J6-06.00	2

Women Long Jump

Name	Year School	Seed	Finals	Points
1 Shenika Scales	Morehead	18-01.00	17-00.25	10
2 Anna Smith	Northern Gui	15-08.00	16-01.00	8
3 Emily Watkins	Northern Gui	13-05.50	15-00.00	6
4 Sylvia Foster	Williams	13-10.00	14-03.00	4

5	Princess Stone	Williams	14-04.00	14-02.00	2
6	Megan Wilburn	Rockingham C	13-03.00	13-05.00	1
7	Tempest Walker	Williams	14-03.00	13-03.50	
8	Kiara Hodge	Eastern Guil	15-06.00	13-00.50	
9	Tatyanna Smith	Eastern Alam	13-09.00	12-09.00	
10	ray-ray ferrell	Morehead	14-07.25	12-06.50	
11	Devinny Harrington	Eastern Alam	12-02.00	12-05.00	
12	Shineece Sellars	Western Alam	13-10.00	12-04.50	

Women Triple Jump

Name	Year	School	Seed	Finals	Points
1	Christina Stone	Williams	31-07.00	32-00.00	10
2	Megan Wilburn	Rockingham C	30-08.00	31-05.00	8
3	Regine Harris	McMichael	30-07.00	30-07.00	6
4	Princess Stone	Williams	28-10.25	30-04.00	4
5	Christal Stone	Williams	29-04.00	29-08.00	2
6	Rachel Everett	Rockingham C	28-06.00	28-09.50	1
7	Shineece Sellars	Western Alam	30-06.00	26-06.50	

Women Shot Put

Name	Year	School	Seed	Finals	Points
1	Nya Moore	Northern Gui	27-05.00	29-09.00	10
2	Josephine Doggett	Morehead	29-09.00	27-08.00	8
3	Tiarra Saunders	Western Alam	30-05.00	27-07.00	5
3	Taylor McCarther	Northern Gui	29-02.00	27-07.00	5
5	Rachel Dodson	Eastern Alam	26-00.00	27-03.00	2
6	Emily Booth	Eastern Alam	24-06.00	25-10.00	1
7	shannon moton	Morehead	26-08.25	24-09.00	
8	aleyah galloway	Morehead	27-09.00	24-06.00	
9	Tierra Boone	Williams	26-11.00	24-02.00	
10	Nioler Harvey	Williams	24-03.50	24-00.00	
11	Victoria Cummings	Western Alam	27-02.00	23-11.00	
12	Cassie Ebert	Eastern Alam	24-10.00	23-08.00	
13	Dahabo Barre	Western Alam	28-08.00	22-11.00	
14	Emily Frye	McMichael	16-01.00	16-03.00	
15	Victoria Kinsey	McMichael	17-11.00	13-05.00	

Women Discus Throw

Name	Year	School	Seed	Finals	Points
1	Rachel Dodson	Eastern Alam	89-00	90-11	10
2	Victoria Cummings	Western Alam	81-06	78-00	8
3	Nya Moore	Northern Gui	67-05	77-09	6
4	Taylor McCarther	Northern Gui		74-10	4
5	Tierra Boone	Williams	75-01	72-05	2
6	Josephine Doggett	Morehead	78-11	J72-05	1
7	Tiarra Saunders	Western Alam	78-10	67-00	
8	Nioler Harvey	Williams	64-00	65-00	
9	Cassie Ebert	Eastern Alam	66-05	63-08	
10	Melanie Emmanuelli	Eastern Guil	66-11	61-07	
11	Asia Allen	Williams	54-01	61-04	
12	aleyah galloway	Morehead	78-05	57-03	
13	shannon moton	Morehead	57-03.25	57-00	
14	Mikaila Williams	Eastern Alam	60-09	56-06	
15	Dahabo Barre	Western Alam	75-08	53-06	

16 Emily Frye	McMichael	58-11	49-08
17 Victoria Kinsey	McMichael	45-01	47-03

Men 100 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Elliott Powell	Eastern Alam	10.94	10.97	3	10
2 Rocco Scarfone	Northern Gui	10.80	11.08	3	8
3 Chris Lea	Rockingham C	11.14	11.27	3	6
4 Josh Morehead	Eastern Guil	11.25	11.29	3	4
5 Nathan Shelton	McMichael	11.34	11.46	3	2
6 Javonte Ellison	Eastern Alam	11.14	11.48	3	1
7 Kersee King	Morehead	11.25	11.50	3	
8 John Jackson	Rockingham C	11.44	11.57	2	
9 Tony Lowe	Morehead	11.56	11.71	2	
10 Kyle Brown	Williams	11.74	11.72	2	
11 Chris Paris	Northern Gui	11.80	11.73	2	
12 AJ Artis	Morehead	11.14	11.86	3	
13 David Lipscomb	Western Alam	11.67	11.87	2	
14 Ty Triplett	Rockingham C	11.44	11.89	2	
15 Daniel Miller	Western Alam	11.98	12.00	2	
16 Nick Jones	Northern Gui	11.99	12.01	2	
17 Dorian Herbin	Eastern Guil		12.20	1	
18 JD Hewett	Eastern Guil		12.30	1	
19 Brandon Jeffries	Williams	12.60	12.35	1	
20 Melvin Moore	Williams	12.48	12.40	1	

Men 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Rocco Scarfone	Northern Gui	23.50	22.73	3	10
2 T. J. Lindsay	Eastern Alam	22.74	22.90	3	8
3 Chris Lea	Rockingham C	22.14	22.97	3	6
4 Nathan Shelton	McMichael	23.14	23.41	3	4
5 Bob McNeil	Williams	22.64	23.45	3	2
6 John Jackson	Rockingham C	23.54	23.85	2	1
7 Dylan Hair	Eastern Alam	23.64	23.94	2	
8 Matt McGhee	Eastern Alam	23.74	24.02	2	
9 Nick Jones	Northern Gui	24.78	24.11	1	
10 Ty Triplett	Rockingham C	23.84	24.12	2	
11 Chris Paris	Northern Gui	24.56	24.14	2	
12 Kersee King	Morehead	23.41	24.22	3	
13 Kyle Brown	Williams	24.54	24.31	2	
14 Daniel Miller	Western Alam	24.32	24.68	2	
15 David Lipscomb	Western Alam	24.12	25.04	2	
16 Jerry Anderson	Morehead	24.65	25.19	1	
17 JD Hewett	Eastern Guil		25.50	1	
18 Chris Watlington	Eastern Guil		25.65	1	
-- Cole Henderson	Western Alam	23.06	DQ	3	

Men 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Kyle Miles	Eastern Alam	50.04	50.26	3	10
2 Anthony Hall	Williams	50.74	50.55	3	8
3 Tyron Alston	Eastern Alam	51.74	51.81	3	6
4 Billy Morehead	Eastern Guil	52.39	53.22	3	4

5	Wayne Stevens	Western Alam	51.67	53.72	3	2
6	Pierce Moore	Morehead	52.70	53.78	3	1
7	John Elwood	Northern Gui	53.52	54.05	2	
8	Keith Schneider	Rockingham C	52.24	54.68	3	
9	Jack Lindley	Williams	55.54	55.20	2	
10	Cameron Key	Rockingham C	54.54	55.25	2	
11	Dion Cummings	Eastern Guil	58.00	55.65	2	
12	Nick Halchin	Eastern Alam	56.44	56.22	2	
13	Alan Hart	Northern Gui	55.88	56.62	2	
14	Chris Wilburn	Rockingham C	58.84	58.28	2	
15	Quninton Neal	Morehead	1:01.00	1:00.77	1	
16	Devan Neal	Morehead	1:03.00	1:01.14	1	
17	Cody Schultz	Western Alam	59.98	1:01.97	1	
18	Andrew Farris	Western Alam	59.88	1:03.61	1	
--	Ethan Morris	Eastern Guil	53.24	DNF	3	

Men 800 Meter Run

Name	Year School	Seed	Finals	Points	
1	Jake Hurysz	Eastern Alam	1:55.14	1:54.97	10
2	Graham Crawford	Williams	1:57.04	1:58.09	8
3	Michael Tomayo	Eastern Alam	1:59.94	1:58.16	6
4	James Fladeland	Eastern Alam	2:07.24	2:01.68	4
5	Aaron Nelson	McMichael	2:05.24	2:03.88	2
6	Jimmy Hollingsworth	Northern Gui	2:09.36	2:04.68	1
7	Bryan Winn	Rockingham C	2:11.54	2:06.72	
8	Matt Beck	Northern Gui	2:11.73	2:09.36	
9	Jack Lindley	Williams	2:11.24	2:09.40	
10	Campbell Bentson	Northern Gui	2:15.89	2:10.95	
11	Mario Sanchez	Rockingham C	2:23.74	2:22.51	
12	Shiquan Winslow	Rockingham C	2:23.24	2:25.95	
13	Kiton Wedding	Western Alam	2:20.00	2:27.98	
14	Chris Bellow	McMichael	3:12.24	2:28.47	
15	Lucas Flynt	Morehead	2:40.00	2:29.59	
16	Andrew Chandler	McMichael	3:14.24	2:54.56	
17	Jonathan Pulliam	Eastern Guil		2:59.85	

Men 1600 Meter Run

Name	Year School	Seed	Finals	Points	
1	Jake Hurysz	Eastern Alam	4:18.34	4:24.72	10
2	Graham Crawford	Williams	4:19.24	4:29.79	8
3	Tyron Alston	Eastern Alam	4:34.74	4:31.66	6
4	Jimmy Hollingsworth	Northern Gui	4:39.39	4:39.38	4
5	Aaron Nelson	McMichael	4:37.24	4:40.21	2
6	Garret Mansfield	Western Alam	4:39.47	4:42.25	1
7	Matt Beck	Northern Gui	4:48.36	4:42.31	
8	AJ Nwoko	Williams	4:49.24	4:43.09	
9	Ethan Robertson	Williams	4:50.24	4:50.78	
10	Bryan Winn	Rockingham C	5:06.24	4:57.00	
11	Nolan Carter	Rockingham C	5:07.24	4:57.35	
12	Michael Kennon	McMichael	5:02.24	4:58.31	
13	Patrick Kane	Northern Gui	5:17.24	5:27.72	
14	Matthew Fearnow	Western Alam	5:50.00	5:29.43	
15	Lucas Flynt	Morehead	6:13.00	6:04.76	
16	Holden Rimmer	Western Alam	6:01.00	6:28.87	
17	Andrew Chandler	McMichael	7:14.24	6:44.44	
--	James Fladeland	Eastern Alam	4:47.24	DNF	

Men 3200 Meter Run

Name	Year School	Seed	Finals	Points
1 Jake Hurysz	Eastern Alam	8:49.76	9:12.44	10
2 Graham Crawford	Williams	9:21.24	9:35.74	8
3 Michael Tomayo	Eastern Alam	10:23.24	10:00.04	6
4 Jimmy Hollingsworth	Northern Gui	10:12.31	10:05.14	4
5 Bradlee Kiser	Western Alam	10:09.00	10:08.24	2
6 AJ Nwoko	Williams	10:05.24	10:17.24	1
7 James Fladeland	Eastern Alam	10:06.84	10:29.44	
8 Ethan Robertson	Williams	10:23.24	10:36.04	
9 Michael Kennon	McMichael	10:48.24	10:49.04	
10 Nolan Carter	Rockingham C	10:58.44	10:51.74	
11 Kris London	Western Alam	10:05.00	10:55.64	
12 Brandon Tiong	Western Alam	12:05.00	11:05.74	
13 Patrick Kane	Northern Gui	11:21.20	11:38.14	
14 Lucas Flynt	Morehead	13:20.00	13:32.04	
15 Brock Whalen	Rockingham C	14:00.24	14:21.94	

Men 110 Meter Hurdles

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Keegan Wetzel	Eastern Alam	15.84	15.97Q	1
2 Malik Grice	Williams	16.74	16.50Q	2
3 Dyshawn Kollore	Eastern Alam	15.84	16.61Q	2
4 Joshua Loftis	Western Alam	16.23	18.22Q	1
5 Mark Wu	Northern Gui	18.92	18.22q	2
6 KJ Allen	Western Alam	18.13	18.41q	1
7 Quinton Richmond	Western Alam	18.20	18.79q	1
8 Keyshawn Williams	Eastern Guil		18.81q	1
9 Michael Crumton	Eastern Guil		18.90	1
10 John Elwood	Northern Gui	17.60	19.17	2
11 AJ Fields	Williams	19.45	19.18	2
12 Kevin DeSosa	McMichael	19.74	19.59	1
13 Andrew Banner	Eastern Guil		20.54	2

Men 110 Meter Hurdles

Name	Year School	Prelims	Finals	Points
Finals				
1 Keegan Wetzel	Eastern Alam	15.97	15.72	10
2 Dyshawn Kollore	Eastern Alam	16.61	16.24	8
3 Malik Grice	Williams	16.50	16.86	6
4 Joshua Loftis	Western Alam	18.22	16.95	4
5 Mark Wu	Northern Gui	18.22	18.24	2
6 Quinton Richmond	Western Alam	18.79	18.50	1
7 KJ Allen	Western Alam	18.41	18.53	

Men 300 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Keegan Wetzel	Eastern Alam	42.84	42.95	2	10
2 Dyshawn Kollore	Eastern Alam	43.64	44.21	2	8
3 KJ Allen	Western Alam	44.06	44.89	2	6

4	Dylan Rose	Williams	45.04	45.29	2	4
5	Malik Grice	Williams	44.84	45.86	2	2
6	Joshua Loftis	Western Alam	46.67	46.57	2	1
7	AJ Fields	Williams	46.24	46.76	2	
8	D'Lloyd Bailey	McMichael	48.04	47.01	1	
9	Quinton Richmond	Western Alam	46.78	47.89	1	
10	Mark Wu	Northern Gui	50.69	48.53	1	
11	Andrew Banner	Eastern Guil		49.52	1	

Men 4x100 Meter Relay

School	Seed	Finals	Points
1 Rockingham County	45.64	45.26	10
2 Northern Guilford	43.80	45.29	8
3 Williams	44.50	46.68	6
4 McMichael	45.94	46.73	4
5 Western Alamance	45.22	46.86	2
-- Eastern Alamance	44.24	DNF	
-- Eastern Guilford	45.10	DQ	
-- Morehead	43.69	DQ	

Men 4x200 Meter Relay

School	Seed	Finals	Points
1 Williams	1:32.24	1:31.56	10
2 Western Alamance	1:30.22	1:32.07	8
3 Eastern Alamance	1:33.64	1:33.93	6
4 Rockingham County	1:38.74	1:34.56	4
5 Eastern Guilford	1:33.00	1:39.67	2
-- Northern Guilford	1:32.22	DQ	

Men 4x400 Meter Relay

School	Seed	Finals	Points
1 Eastern Alamance	3:29.94	3:26.77	10
2 Western Alamance	3:30.45	3:28.74	8
3 Williams	3:46.24	3:33.22	6
4 Eastern Guilford	3:45.69	3:34.74	4
5 Rockingham County	3:38.74	3:36.31	2
6 Northern Guilford	3:43.10	3:39.80	1
7 McMichael	3:53.24	3:41.88	

Men 4x800 Meter Relay

School	Seed	Finals	Points
1 Eastern Alamance	8:03.94	8:25.94	10
2 Northern Guilford	8:48.45	8:37.54	8
3 Western Alamance	9:01.29	8:51.84	6
4 Williams	8:37.24	8:57.94	4
5 Rockingham County	9:30.24	9:23.64	2

Men High Jump

Name	Year School	Seed	Finals	Points
1 Dominique Bridges	Western Alam	5-10.00	6-00.00	10

2	Kennan Allen	Northern Gui	6-02.00	J6-00.00	8
3	Brandon Mayfield	Northern Gui	5-10.00	5-10.00	6
4	BJ Bunn	Western Alam	5-08.00	J5-10.00	4
5	Pierce Moore	Morehead	5-10.00	5-08.00	2
6	Melik Spencer	Eastern Guil		5-04.00	0.33
6	Dorian Herbin	Eastern Guil	5-06.00	5-04.00	0.33
6	Melvin Moore	Williams	5-08.00	5-04.00	0.33

Men Pole Vault

Name	Year	School	Seed	Finals	Points
1	Matt Cobb	Eastern Alam	14-06.00	13-00.00	10
2	Michael Kennon	McMichael	10-06.00	10-06.00	8
3	Will Tyson	Eastern Alam	11-00.00	10-00.00	6
4	Ngozika Nwoko	Williams	8-00.00	8-00.00	4
5	Chris Bellow	McMichael	7-06.00	7-06.00	2

Men Long Jump

Name	Year	School	Seed	Finals	Points
1	Kennan Allen	Northern Gui	22-09.00	21-06.00	10
2	Joe White	Northern Gui	20-03.00	21-01.00	8
3	Melik Spencer	Eastern Guil	19-03.00	20-05.50	6
4	Bob McNeil	Williams	20-06.00	20-03.00	4
5	Chris Lea	Rockingham C	20-08.00	20-00.00	2
6	Brandon Mayfield	Northern Gui	18-09.00	19-08.00	1
7	Alexander Dawson	Eastern Alam	18-10.00	J19-08.00	
8	Ethan Morris	Eastern Guil	18-03.00	19-05.50	
9	Matt Sands	Morehead	21-06.00	18-08.00	
10	CJ Grice	Williams	19-01.00	18-00.00	
11	BJ Bunn	Western Alam	18-09.00	17-01.50	
12	Cinque Davis	McMichael	15-07.00	17-00.00	
13	Jesse Hogg	Eastern Alam	17-02.00	16-05.50	
14	Dylon Mitchell	Western Alam	16-06.00	16-03.00	

Men Triple Jump

Name	Year	School	Seed	Finals	Points
1	Bob McNeil	Williams	46-11.00	46-00.00	10
2	CJ Grice	Williams	38-07.00	42-04.50	8
3	Alexander Dawson	Eastern Alam	43-06.00	40-09.00	6
4	D'Lloyd Bailey	McMichael	39-04.00	40-05.00	4
5	Melik Spencer	Eastern Guil	38-06.00	40-00.75	2
6	Darien Caple	McMichael	40-05.00	39-03.00	1
7	EJ Pickett	Morehead	37-08.00	38-07.25	
8	Dominique Bridges	Western Alam	38-00.00	37-08.25	
9	Malik Grice	Williams	40-01.00	37-04.75	
10	Daniel Downing	Northern Gui		36-01.00	
11	Jesse Hogg	Eastern Alam	34-02.00	34-05.00	

Men Shot Put

Name	Year	School	Seed	Finals	Points
1	Rob Fields	Rockingham C	46-02.00	46-07.00	10
2	Andrew Mincey	Eastern Alam	45-07.00	46-06.00	8
3	Jacob Gunn	Rockingham C	47-06.00	44-11.00	6

4	Victor Dillard	Northern Gui	44-04.00	44-03.00	4
5	Jeff Lynch	Williams	45-00.00	43-04.00	2
6	Russell Nation	Eastern Guil		41-10.00	1
7	Devontae Bell	Northern Gui		41-08.00	
8	Desmon Miller	Eastern Guil		41-00.00	
9	Ashton Tinnin	Western Alam	44-05.00	40-10.00	
10	Calvin Bozeman	Williams	39-09.00	39-10.00	
11	Jacob Talley	Eastern Alam	40-00.00	39-04.00	
12	Kheon Harbor	Morehead	41-02.00	37-10.00	
12	Giavanni Pittman	Eastern Alam	37-10.00	37-10.00	
14	Aaron Rollinson	Williams	37-01.00	37-07.00	
15	Joe Christian	Western Alam	42-05.00	37-06.00	
16	Jamie Blackstock	Rockingham C	38-06.00	37-05.00	
17	Trevor Lee	McMichael	42-10.00	36-10.00	
18	Terrell Bellamy	Western Alam	38-04.00	36-07.00	
19	Kelvin Brown	Morehead	33-00.00	34-05.00	
20	Kalen Edwards	McMichael	35-04.00	30-00.00	

Men Discus Throw

Name	Year	School	Seed	Finals	Points
1	Jacob Gunn	Rockingham C	142-03	149-09	10
2	Victor Dillard	Northern Gui	133-08	136-04	8
3	Rob Fields	Rockingham C	122-07	128-03	6
4	Trevor Lee	McMichael	122-10	126-00	4
5	Jacob Talley	Eastern Alam	115-00	116-04	2
6	Andrew Mincey	Eastern Alam	121-00	114-08	1
7	Aaron Rollinson	Williams	125-01	113-03	
8	Anthony Long	Williams	107-07	108-08	
9	Kelvin Brown	Morehead	107-00	108-06	
10	Brandon Abbott	Eastern Guil		104-02	
11	Kalen Edwards	McMichael	99-00	100-08	
12	Christian Lewis	Williams	90-11	100-00	
13	Josh Simmons	Northern Gui		93-05	
14	Manny Morrison	Eastern Guil	77-00	91-07	
15	Geoff Graham	Eastern Alam	100-00	90-08	
16	Ulises Preciado	Rockingham C	97-03	81-07	
17	Kheon Harbor	Morehead	109-00	80-07	

Women - Team Rankings - 18 Events Scored

1)	Northern Guilford	170.50	2)	Williams	138
3)	Eastern Alamance	70	4)	Rockingham County	49
5)	Morehead	45.50	6)	Western Alamance	37
7)	Eastern Guilford	19	8)	McMichael	10

Men - Team Rankings - 18 Events Scored

1)	Eastern Alamance	182	2)	Williams	101.33
3)	Northern Guilford	91	4)	Rockingham County	65
5)	Western Alamance	55	6)	McMichael	33
7)	Eastern Guilford	23.66	8)	Morehead	3