

**2011 NCTCCCA 4-A All-State**  
**Top 4 in each event comprise the All-State Team**  
**Saturday - May 14, 2011**  
**North Carolina A&T University, Greensboro, NC**

Women 100 Meter Dash

| Name              | Year School           | Finals | Wind |
|-------------------|-----------------------|--------|------|
| 1 Gabrielle Gray  | 11 High Point Central | 11.94  | -1.0 |
| 2 Alexis Murphy   | 11 Apex               | 12.04  | -1.0 |
| 3 Markia Franklin | 11 Southern Durham    | 12.13  | -1.0 |
| 4 Olicia Sharp    | 11 Wakefield          | 12.24  | -1.0 |

Women 100 Meter Dash Disable

| Name          | Year School          | Finals | Wind |
|---------------|----------------------|--------|------|
| 1 Deja Barber | 11 Southeast Raleigh | J45.58 | -0.6 |

Women 200 Meter Dash

| Name             | Year School           | Finals | Wind |
|------------------|-----------------------|--------|------|
| 1 Alexis Murphy  | 11 Apex               | 24.57  | -1.0 |
| 2 Gabrielle Gray | 11 High Point Central | 24.70  | -1.0 |
| 3 Olicia Sharp   | 11 Wakefield          | 24.81  | -1.0 |
| 4 Lauren Gulley  | 12 Mallard Creek      | 25.15  | -1.0 |

Women 400 Meter Dash

| Name              | Year School        | Finals |
|-------------------|--------------------|--------|
| 1 Aariah Graham   | 11 Wakefield       | 55.01  |
| 2 T'Shelia Mungo  | 12 Independence    | 55.30  |
| 3 Tiana Patillo   | 10 Wakefield       | 56.71  |
| 4 Aalayah Faulcon | 11 Southern Durham | 56.79  |

Women 800 Meter Run

| Name                | Year School    | Finals  |
|---------------------|----------------|---------|
| 1 Shelby Howell     | 11 New Hanover | 2:13.05 |
| 2 Jennie Cunningham | 10 Pinecrest   | 2:14.04 |
| 3 Deanna Foshee     | 12 Cary        | 2:15.79 |
| 4 Mattie Blue       | 10 Broughton   | 2:15.86 |

Women 1600 Meter Run

| Name                | Year School        | Finals  |
|---------------------|--------------------|---------|
| 1 Samantha George   | 11 Millbrook       | 4:58.75 |
| 2 Margaret Leak     | 12 Mount Tabor     | 4:59.41 |
| 3 Brooke Gordon     | 10 Roberson, T. C. | 5:00.07 |
| 4 Darby Middlebrook | 10 Watauga         | 5:00.10 |

Women 3200 Meter Run

| Name | Year School | Finals |
|------|-------------|--------|
|------|-------------|--------|

|   |                                                                |                 |          |
|---|----------------------------------------------------------------|-----------------|----------|
| 1 | Anna McBride                                                   | 10 Davie County | 10:46.08 |
|   | (New All-Classification State Meet Record.)                    |                 |          |
|   | (Old record: 10:46.22 Julia Lucas, Charlotte Myers Park 2002.) |                 |          |
| 2 | Darby Middlebrook                                              | 10 Watauga      | 10:49.57 |
| 3 | Julie Swaim                                                    | 12 Reagan       | 10:52.11 |
| 4 | Sydney Foreman                                                 | 09 Kell, Ardrey | 10:56.75 |

Women 100 Meter Hurdles

| Name              | Year School          | Finals | Wind |
|-------------------|----------------------|--------|------|
| 1 Keni Harrison   | 12 Clayton           | 13.69  | -0.4 |
| 2 Mollie Williams | 10 Clayton           | 14.15  | -0.4 |
| 3 Dannielle Davis | 12 Southeast Raleigh | 14.21  | -0.4 |
| 4 Sarah Graham    | 12 Wake Forest       | 14.34  | -0.4 |

Women 300 Meter Hurdles

| Name                                                     | Year School  | Finals |
|----------------------------------------------------------|--------------|--------|
| 1 Keni Harrison                                          | 12 Clayton   | 41.41  |
| (New All-Classification State Meet Record.)              |              |        |
| (Old record: 42.00 Pam Doggett, Greensboro Dudley 1986.) |              |        |
| 2 Tyler Brockington                                      | 11 Dudley    | 43.67  |
| 3 Mollie Williams                                        | 10 Clayton   | 43.70  |
| 4 Michaela Birek                                         | 12 Wakefield | 43.90  |

Women 4x100 Meter Relay

| School                  | Finals                  |
|-------------------------|-------------------------|
| 1 West Mecklenburg      | 48.11                   |
| 1) Toni Thorn 10        | 2) Naya Tapper 11       |
| 3) Michaela Williams 11 | 4) Alvonna Blakney 11   |
| 2 Dudley                | 48.55                   |
| 1) Achsah Brice 11      | 2) Tyler Brockington 11 |
| 3) Mariah Walker 12     | 4) Dasja White 09       |
| 3 Southern Durham       | 48.571                  |
| 1) Nijheria Silvera 11  | 2) Ariana Tillman 10    |
| 3) Charity Shaw 10      | 4) Markia Franklin 11   |
| 4 Roberson, T. C.       | 48.573                  |
| 1) Cierra McKendrick 11 | 2) Arianna Whiteside 09 |
| 3) Caroline Stroud 12   | 4) Taylor Feimster 12   |

Women 4x200 Meter Relay

| School                  | Finals                 |
|-------------------------|------------------------|
| 1 West Mecklenburg      | 1:40.29                |
| 1) Toni Thorn 10        | 2) Naya Tapper 11      |
| 3) Michaela Williams 11 | 4) Alvonna Blakney 11  |
| 2 Butler                | 1:41.36                |
| 1) Felicia McCarthy 10  | 2) Mel Davis 12        |
| 3) Tyra Lea 10          | 4) J. Mary Caldwell 12 |
| 3 Apex                  | 1:41.89                |
| 1) Shannon Thomas 11    | 2) Gabby Robinson 10   |
| 3) CJ Bunch 10          | 4) Jazmiene Brown 12   |
| 4 Southeast Guilford    | 1:42.92                |
| 1) Kwanna Wimbush 11    | 2) Daijia Ervin 10     |

3) Asia Smith 10

4) Brittney Hampton 11

Women 4x400 Meter Relay

| School                  | Finals                  |
|-------------------------|-------------------------|
| 1 Wakefield             | 3:53.69                 |
| 1) Ricole Jenkins 09    | 2) Tiana Patillo 10     |
| 3) Michaela Birek 12    | 4) Ariaiah Graham 11    |
| 2 Roberson, T. C.       | 3:57.45                 |
| 1) Megan McDonald 11    | 2) Lauren Cook 11       |
| 3) Arianna Whiteside 09 | 4) Taylor Feimster 12   |
| 3 West Mecklenburg      | 3:57.98                 |
| 1) Starasia Baskins 09  | 2) Toni Thorn 10        |
| 3) Alvonna Blakney 11   | 4) Michaela Williams 11 |
| 4 Green Hope            | 3:58.47                 |
| 1) Maura McDonnell 10   | 2) Lauren Colberg 11    |
| 3) Maya Worth 10        | 4) Monica Greene 12     |

Women 4x800 Meter Relay

| School                                                                                                                                     | Finals                   |
|--------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|
| 1 Cary                                                                                                                                     | 9:06.17                  |
| 1) Deanna Foshee 12                                                                                                                        | 2) Sheridan Jordan 12    |
| 3) Jenna Christensen 12                                                                                                                    | 4) Erin Foshee 12        |
| Splits: 2:15.0, 2:14.8, 2:17.8, 2:18.4.<br>(New All-Classification State Meet Record.)<br>(Old record: 9:11.20 Charlotte Myers Park 2009.) |                          |
| 2 Green Hope                                                                                                                               | 9:15.48                  |
| 1) Lauren Colberg 11                                                                                                                       | 2) Erica Amatori 11      |
| 3) Olivia Enright 12                                                                                                                       | 4) Maura McDonnell 10    |
| 3 Watauga                                                                                                                                  | 9:21.27                  |
| 1) Julia Roberts 11                                                                                                                        | 2) Hailey Middlebrook 11 |
| 3) Hannah Barbour 11                                                                                                                       | 4) Darby Middlebrook 10  |
| 4 Kell, Ardrey                                                                                                                             | 9:24.41                  |
| 1) Kaitlyn Kramer 12                                                                                                                       | 2) Samantha Teague 10    |
| 3) Abby Brooks 11                                                                                                                          | 4) Sydney Teague 10      |

Women Long Jump

| Name                | Year School           | Finals   | Wind |
|---------------------|-----------------------|----------|------|
| 1 Dannielle Davis   | 12 Southeast Raleigh  | 18-11.25 | 0.1  |
| 2 Shemiah Brooks    | 11 Southwest Guilford | 18-07.50 | -0.3 |
| 3 Ariaiah Graham    | 11 Wakefield          | 18-03.50 | -0.2 |
| 3 Darlene Girardeau | 11 South View         | 18-03.50 | -0.8 |

Women Triple Jump

| Name             | Year School           | Finals   | Wind |
|------------------|-----------------------|----------|------|
| 1 Shemiah Brooks | 11 Southwest Guilford | 39-02.00 | NWI  |
| 2 Achsah Brice   | 11 Dudley             | 37-09.25 | NWI  |
| 3 Alexis Hall    | 12 Page               | 37-08.00 | NWI  |
| 4 Dejah Hayes    | 10 Western Guilford   | 37-05.50 | NWI  |

Women High Jump

| Name | Year School | Finals |
|------|-------------|--------|
|------|-------------|--------|

|                     |                    |          |
|---------------------|--------------------|----------|
| 1 Sarah Graham      | 12 Wake Forest     | 5-08.00  |
| 2 Janet Watson      | 12 Panther Creek   | 5-06.00  |
| 3 C. Cierra Burdick | 12 Butler          | J5-06.00 |
| 4 Sydney Cook       | 12 Watauga         | 5-02.00  |
| 4 Sarah Watts       | 12 Roberson, T. C. | 5-02.00  |
| 4 Jilian Palmer     | 12 Mount Tabor     | 5-02.00  |
| 4 Lauren Gulley     | 12 Mallard Creek   | 5-02.00  |

Women Pole Vault

| Name                                                                                                                     | Year School     | Finals    |
|--------------------------------------------------------------------------------------------------------------------------|-----------------|-----------|
| 1 Sydney White<br>(New All-Classification State Meet Record.)<br>(Old record: 12-6 Cassie Crawford, Panther Creek 2010.) | 11 East Forsyth | 12-07.00  |
| 2 Audrey Diener                                                                                                          | 11 Apex         | 11-00.00  |
| 3 Kristen Lee                                                                                                            | 10 Wakefield    | J11-00.00 |
| 4 Rachel Neagle                                                                                                          | East Forsyth    | J11-00.00 |

Women Shot Put

| Name              | Year School        | Finals   |
|-------------------|--------------------|----------|
| 1 Sequoia Watkins | 12 Roberson, T. C. | 42-05.25 |
| 2 Nicole Chavis   | 12 Lumberton       | 39-08.75 |
| 3 Aleisha Archie  | 12 West Charlotte  | 39-01.75 |
| 4 Aylssa Dunn     | 11 Enloe           | 39-00.75 |

Women Shot Put Disable

| Name          | Year School          | Finals   |
|---------------|----------------------|----------|
| 1 Deja Barber | 11 Southeast Raleigh | J5-00.00 |

Women Discus Throw (1 KG)

| Name              | Year School         | Finals |
|-------------------|---------------------|--------|
| 1 Sequoia Watkins | 12 Roberson, T. C.  | 141-06 |
| 2 Breanna Warren  | 10 Western Guilford | 125-04 |
| 3 Jasmine Suydam  | 12 Mallard Creek    | 125-03 |
| 4 Aleisha Archie  | 12 West Charlotte   | 122-09 |